



Catherine Rose

YEAR OF CALL: 2017



Catherine is a highly regarded junior with a specialist criminal defence practice.

She is experienced being led in the most serious cases, including murder and perverting the course of justice, high-value fraud and financial crime, and large-scale drugs conspiracies. As junior alone, she has recently defended cases including armed robbery, witness intimidation and attempted kidnapping.

She is known for her meticulous preparation, her tenacity in legal arguments and her tactical approach to witness handling. She is hardworking and responsive, offering a high level of client care. Her down to earth manner enables her to build an easy rapport with clients and she is recognised for her skill and compassion when working with vulnerable clients. She is undaunted by a difficult case or a complex legal argument.

Catherine has an interest in protest rights and youth justice. She coordinated the Haldane Society of Socialist Lawyers' legal observing project for four years and has trained students, activists and legal observers on police powers and protest rights. Before commencing pupillage, she worked on campaigns, judicial reviews and criminal appeals at the legal charity Just for Kids Law.

She is ranked in Chambers & Partners 2024 and Legal 500 2024 as an up and coming junior/rising star, and is available for public access instructions.

"Catherine is a calm and tenacious advocate, performing beyond her year of call. She is particularly good at handling vulnerable clients and witnesses."

LEGAL 500 2024

"Catherine's very calm and gets things done."

CHAMBERS & PARTNERS 2024

"She handles clients with professionalism and compassion ... It is always clear to me that her submissions are the product of detailed and comprehensive consideration of the evidence and the tactical approach to be taken to meeting it."

SOLICITOR CLIENT

"I found her to be exceptionally kind, polite, and helpful throughout the process. She definitely felt what I was feeling in this case."

LAY CLIENT

If you would like to get in touch with Catherine please contact the clerking team:

crimeclerkmailbox@gclaw.co.uk | +44 (0)20 7993 7600

CRIMINAL DEFENCE

Catherine's experience of being a led junior includes cases of:

Murder (targeted hit-and-run)

Perverting the course of justice (attempted disposal of a body)

Large-scale conspiracies to supply class A and B drugs

High-value fraud and money laundering

She has recently defended as junior alone in trials involving:

Multi-handed drugs supply

Multi-handed conspiracy to rob

Attempted kidnapping

Witness intimidation

Escaping lawful custody

Criminal damage with intent to endanger life

High-value insurance fraud

Aiding and abetting the breach of a Directors' Disqualification Order

CRIMINAL APPEALS

Catherine has experience in the Court of Appeal, successfully appealing sentences in *R v Lord* [2020] EWCA Crim 753 and *R v Gayle* [2020] EWCA Crim 115, and successfully appealing the terms of a Sexual Harm Prevention Order in *R v AC* [2020].

AWARDS

Shortlisted for the Women in Law Awards 2020 Rising Star – Barrister/Advocate of the year

Buchanan Prize for BPTC results, Honourable Society of Lincoln's Inn

Everard Ver Hayden Prize for BPTC results, City University

Lord Denning BPTC Scholarship, Honourable Society of Lincoln's Inn

Postgraduate BPTC Scholarship, City University

GDL Mooting Competition Winner, University of Law

Lord Haldane GDL Scholarship, Honourable Society of Lincoln's Inn

GDL "Gold Award" Scholarship, University of Law

Marquand Prize for dissertation mark, University of Sheffield Department of Politics

EDUCATION

Bar Professional Training Course, City University – Outstanding

Graduate Diploma in Law, University of Law – Distinction

BA (Hons) Politics and Philosophy, University of Sheffield – First

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